

Unhinged

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Unhinged

by [mssarahx](#)

Summary

a series of unhinged posts by the First Husbands of Hockey

Notes

OK, so I'm doing this on my phone with nothing but google docs and a dream. If the formatting is off, I'm sorry!

Chapter 1

Twitter (X) — @IlyaRoz81

@IlyaRoz81:

I am not normal about my husband and I will not be seeking help.

@IlyaRoz81:

Watching Shane Hollander skate should require ID and a warning label.

@IlyaRoz81:

If you're wondering why I play so aggressively it's because I know what's waiting for me at home.

@IlyaRoz81:

The way that man peels off his gloves after a shift has ruined my ability to focus on hockey.

@IlyaRoz81:

I see your stats. I raise you the sound his skates make when he stops in front of the bench. I am weak.

@IlyaRoz81:

Being married to Shane Hollander means living in a constant state of *this should not be allowed*.

@IlyaRoz81:

Yes I saw the clip of him jawing at the ref. Yes I replayed it. Mind your business.

@IlyaRoz81:

People ask how I stay disciplined during the season. Simple. I am motivated by desire and legally binding commitment.

@IlyaRoz81:

The NHL is lucky I have self-control.

Instagram — @IlyaRoz81

Post 1

Photo: Shane leaning over the boards, sweat dripping, eyes dark, mouthguard half out.

Caption:

That's my husband.

I'm supposed to just *go to sleep* after this?

Post 2

Photo: Shane in the locker room mirror; shirtless from the waist up, towel slung low, looking directly into the camera

Caption:

You ever look at someone and think,
“Yeah. I’d ruin my own life for you again.”

Post 3

Photo: Extremely close-up shot—Shane’s neck, jawline, stubble, a visible bruise

Caption:

I’m obsessed.
Next question.

Post 4

Photo: Shane straddling a chair backwards in the tunnel, elbows resting on the back, staring straight into the lens

Caption:

I trust this man with my heart, my career, and my self-control (bad choice).

Post 5

Photo: Blurry action shot of Shane slamming into the boards during a hit

Caption:

Violence but make it attractive.

Post 6

Photo: Shane postgame, suit jacket open, tie loose, knuckles taped

Caption:

I am looking *disrespectfully*.

@ShaneHollanderHockeyPlayer (replying to @IlyaRoz81):

You are the reason I get penalized for “excessive aggression.”

@ShaneHollanderHockeyPlayer:

Everyone else hears skates on ice.
I hear *you* yelling my name from the tunnel.

@ShaneHollanderHockeyPlayer:

Ilya Rosanov posts one picture and suddenly I'm supposed to behave? Unreal expectations.

@ShaneHollanderHockeyPlayer:

I play better when he's watching and that's not a coincidence.

@ShaneHollanderHockeyPlayer:

Yes that's my husband tweeting like that.

No I will not be stopping him.

@ShaneHollanderHockeyPlayer:

If loving him loudly is a distraction then cancel the season.

@ShaneHollanderHockeyPlayer (quote-tweeting the locker room photo):

You should see the look he gives me *after* the lights go out.

Reply to Ilya's "mouthguard half out" photo

@ShaneHollanderHockeyPlayer:

You took this on purpose and you know it.

Reply to the mirror/towel photo

@ShaneHollanderHockeyPlayer:

I was trying to get dressed.

You were being a menace.

Reply to "I am looking disrespectfully."

@ShaneHollanderHockeyPlayer:

Good. I noticed.

@CenterIceChaos:

THEY'RE MARRIED MARRIED 😭😭😭

@HockeyBiPanic:

I came here for goals and now I'm questioning everything.

@BenchMinorEnergy:

This is NOT how I expected to find out Shane Hollander is feral too.

@PuckAndSwoon:

The way they talk about each other should be illegal during a season.

@NeutralZoneNerves:

Ilya posting like he's trying to get fined and Shane ENCOURAGING IT??

@StickTapeAndTears:

Straight men watching hockey rn: "Is it supposed to feel like this?"

@GoalHornGay:

They play like that and THEN go home together?? The league is unbalanced.

@PenaltyBoxPoet:

This is not a relationship. This is a PR nightmare and I support it.

@BruisedButBlessed:

Shane replying "Good. I noticed." just altered my brain chemistry.

@CentaursStanAcct:

Ilya 🍷 Shane

Oversharing. Winning. Thriving.

@ArenaCamGuy:

Please stop making my job impossible. I can't zoom in respectfully anymore.

@MarriedMenMenace:

If my future marriage isn't like this I don't want it.

@IlyaRoz81

I am married to a man who knows exactly what he's doing in those locker room photos and still acts surprised when I don't sleep.

@IlyaRoz81

If you think I'm intense on the ice, you should see me when Shane loosens his tie.

@IlyaRoz81

Every time he leans over the boards like that I lose my higher reasoning skills.

@IlyaRoz81

My love language is watching my husband make grown men nervous.

@IlyaRoz81

There are *so many* rules in hockey.
None of them apply once we get home.

@IlyaRoz81

I support my husband's conditioning program.
Very hands-on. Extremely dedicated.

@IlyaRoz81

If he keeps looking at me like that on the bench I'm going to get fined for unsportsmanlike conduct *after* the game.

@ShaneHollanderHockeyPlayer

You knew what you were doing posting that and you did it anyway.
I respect the commitment.

@ShaneHollanderHockeyPlayer

Ilya Rosanov talks big online and then backs it up in private.
Consistently.

@ShaneHollanderHockeyPlayer

They say don't bring your work home with you.
I strongly disagree.

@ShaneHollanderHockeyPlayer

If my husband is distracted during warmups that's between him and my jawline.

@ShaneHollanderHockeyPlayer

I play better knowing exactly who's waiting for me when the door locks.

@ShaneHollanderHockeyPlayer

People keep asking how I stay loose during the season.
Mind your business.

@ShaneHollanderHockeyPlayer

I saw his tweet.
I'm not correcting the record.

@IlyaRoz81:

You stretch like that on purpose.

@ShaneHollanderHockeyPlayer:

And you watch on purpose.

@ShaneHollanderHockeyPlayer:

Behave tonight.

@IlyaRoz81:

No.

@IlyaRoz81:

Tell me again to “focus on the game” in that tone.

@ShaneHollanderHockeyPlayer:

After.

@BenchMinorMeltdown:

THIS IS A WORKPLACE???

@HockeyHRDept:

Logging off. Immediately.

@IceColdBiPanic:

I did not consent to this level of tension.

@NeutralZoneUnwell:

Every reply is worse than the last. Please continue.

@GoalHornGay:

They flirt like they’re trying to get the app shut down.

@CentaursPR:

Hey guys quick question what the hell

@StickAndSwoon:

I just wanted a line combo update and now I’m blushing.

@PenaltyBoxPoet:

This is not hockey Twitter anymore. This is something else.

@MarriedMenMenace:

They are *married* and still acting like this??? Inspirational.

@ArenaCamGuy:

I am never zooming in again. I've learned my lesson.

“Centaur's Locker Room” Group Chat

Hayes:

I just opened twitter.

Haas:

Same. Regret immediately.

Young:

WHY are they flirting like that on main.

Boodram:

“Behave tonight”????

BRO???

Dillan:

This is a workplace.

Chouinard:

Is it though.

Hayes:

I'm begging them to remember we have a media policy.

Haas:

I'm begging them to remember I follow them.

Young:

I'm begging them to stop replying to EACH OTHER.

Boodram:

Shane just tweeted “After.”

AFTER WHAT.

Dillan:

I don't want to know.

Chouinard:

I do.

Hayes:

Centaurs PR just emailed me “are you seeing this?”

Young:

Tell them no.

Haas:

Tell them we’re illiterate.

Boodram:

The fans are eating it up btw.

Chouinard:

Yeah because they’re UNHINGED.

Dillan:

We’re never getting a wholesome team feature again.

Young:

Reminder that we have a game tomorrow.

Haas:

Reminder that THEY are the reason we win games.

Hayes:

Fair but I don’t need to picture it.

Boodram:

Too late. Already pictured it.

Horrible.

Five stars.

Hayes:

Ilya just liked a tweet that says “this should be illegal.”

Chouinard:

They’re flirting via likes now???

Dillan:

Do you think the league can fine someone for vibes.

Young:

If so they’re bankrupting the team.

Haas:

Shane just walked past me in the hallway smiling like that.

Hayes:

Like WHAT.

Haas:

Like he knows something we don't.

Boodram:

I hate that sentence.

Chouinard:

Prediction:

They delete nothing.

PR panics.

We win anyway.

Young:

Unfortunately correct.

Hayes:

If a reporter asks me about their tweets I'm saying "no comment" and walking away.

Dillan:

If a reporter asks me I'm pretending to be a goalie.

Boodram:

Update: Shane just posted again.

Young:

STOP TYPING.

Haas:

I'm opening it.

Hayes:

Don't.

Haas:

Oh my god.

Chouinard:

Yeah okay.

I'm muting both of them until playoffs.

Boodram:

Same.

Love wins.

But at what cost.

Chapter 2

Instagram — @ShaneHollanderHockeyPlayer

Reply to Ilya's tunnel stare photo

@ShaneHollanderHockeyPlayer:

You posted this knowing I'd be distracted for the rest of the night.
Successful strategy.

Reply to bench photo (mouthguard half out)

@ShaneHollanderHockeyPlayer:

If you're staring this hard during games, I need to start charging rent.

Reply to suit jacket / loose tie photo

@ShaneHollanderHockeyPlayer:

I loosened the tie.
You're the one who lost focus.

Reply to neck/jawline close-up

@ShaneHollanderHockeyPlayer:

You always notice that spot first.

Reply to blurry mirror photo

@ShaneHollanderHockeyPlayer:

You took this and still expect me to behave afterward?

Reply to practice stretch

@ShaneHollanderHockeyPlayer:

I stretch like this because I know you're watching.
Let's not lie to ourselves.

Reply to locker-room towel photo

@ShaneHollanderHockeyPlayer:

I told you not to post this.
You smiled and did it anyway.

Shane Reposts to His Own Story

Repost of Ilya's "parental advisory" caption

Text overlay:

“He married me knowing exactly how I look after games.”

Repost of the blurry mirror photo

Text overlay:

“If this made you uncomfortable, imagine how it makes him.”

Black screen, late-night energy

Text:

“Ilya should not be allowed access to a camera after 10pm.”

@IlyaRoz81 (commenting):

You could’ve stopped me.

@ShaneHollanderHockeyPlayer (replying):

I absolutely did not want to.

@IlyaRoz81:

You’re enjoying this.

@ShaneHollanderHockeyPlayer:

Immensely.

@IlyaRoz81:

Behave.

@ShaneHollanderHockeyPlayer:

No.

@IceColdBiPanic:

THIS SHOULD BE ON CLOSE FRIENDS.

@HockeyHRDept:

I am once again asking you to log off.

@BenchMinorEnergy:

The mutual encouragement is what’s killing me.

@MarriedMenMenace:

THEY’RE FLIRTING LIKE THIS *PUBLICLY*???

@CentaursPR:

Shane. Ilya. Please.

@GoalHornGay:

Every reply is worse. I'm obsessed.

@IlyaRoz81

Photo: Shane leaning back on the locker-room bench, legs spread, elbows on knees, eyes lifted straight at the camera

Caption:

I asked him to look at me like this again.

He did.

I stopped thinking entirely.

@ShaneHollanderHockeyPlayer

You always ask like it's a challenge.

I never disappoint.

@IceColdBiPanic:

I just threw my phone across the room???

@BenchMinorEnergy:

THIS IS NOT FLIRTING THIS IS A THREAT

@StraightMenConfused:

Guys is hockey supposed to feel like this

@IlyaRoz81

Story: slow zoom on Shane adjusting his waistband before stepping into the tunnel

Text overlay:

This man knows exactly what he's doing to me and does it anyway.

@ShaneHollanderHockeyPlayer

I do it because you watch like that.

@GoalHornGay:

THE REPOST??? JAIL. IMMEDIATELY.

@HockeyHRDept:

I am begging you both to remember this is a sport.

@IlyaRoz81 — 12:02 AM

Photo: blurry mirror shot, Shane behind him, chin near Ilya's shoulder, hands low on his hips

Caption:

If this ends up in a group chat, that's on all of you.

@ShaneHollanderHockeyPlayer — Comment

You promised you wouldn't post this.

I watched you do it anyway.

@MarriedMenMenace:

THIS IS FORESHADOWING SOMETHING I DON'T NEED TO KNOW ABOUT

@NeutralZoneUnwell:

I'm shaking like I just watched a horror movie

@CentaursStanAcct:

DELETE THIS (don't delete this)

@IlyaRoz81

Story, black screen

Text:

He just smiled at me from across the room.

I'm done for.

@ShaneHollanderHockeyPlayer

You always are.

@IceLevelSeats:

This feels illegal to witness in real time

@PenaltyBoxPoet:

This isn't thirst this is devotion with no supervision

@IlyaRoz81

Photo: Shane postgame, suit jacket gone, shirt open one button too far, tie hanging loose in his hand

Caption:

He looks like this and expects me to behave in public.

@ShaneHollanderHockeyPlayer

You've never behaved a day in your life.

Why start now.

@IceColdBiPanic:

I JUST SCREAMED INTO A PILLOW

@BenchMinorMeltdown:

THEY'RE EGGSHELLING THE LINE AND LAUGHING

@CentaursPR:

Please check your email

Please

Please

@IlyaRoz81

Photo: close-up of Shane's jaw, thumb hooked casually under his collar

Caption:

Marrying him did not make this easier.

It made it worse.

@ShaneHollanderHockeyPlayer

You knew exactly what you were signing up for.

And you still said yes.

@GoalHornGay:

This is not flirting. This is a shared mental illness.

@HockeyBiPanic:

I'm never recovering from this

@NeutralZoneEnjoyer:

I just wanted a score update???

@MarriedMenMenace:

This is what happens when two hot people love each other without shame

@StickAndSwoon:

I'm deleting the app (lying)

Please [drop by the Archive and comment](#) to let the creator know if you enjoyed their work!